



WE RELAAAAX

Ticino, 20 - 22.09.2019

www.nextstop-project.com

THIS
WE RELAAAX
YOU DESERVE IT
LET US
TAKE CARE OF YOU
WITH LOVE

WELCOME

NEXT STOP => SEMIONE (CH)

This is it! Let's RELAX!

Welcome to our first exclusive thematic week-end.

Rendez-vous in a beautiful house in Ticino with sauna and surrounded by nature.

Breathe in and breathe out during our Yoga session and enjoy an amazing massage.

Take time to discover the area and to taste our delicious meals.

This week-end is made for you!

Let's start this adventure together.



next stop project is an exclusive community of travel lovers.

The member will gain to special events, share their travel experiences through our magazine & forum and will get a member discount on our thematic week-end.

If you are still doubt joining to join the community, no worries! You can still enjoy the tools to organize your next trip, order the magazine separately or join us on a thematic week-end.

Check our website/intagram/facebook to discover more



www.nextstop-project.com

MAP

ACCES

Public Transport: Take the train to Biasca. Take bus 132 (Autolinee Bleniesi) towards Motto-Ludiano. Get off after 10 minutes at the «Semione, Cantonetto» stop and follow the map with directions.

Car: Free parking

ADRESS

Via Campagnora 14

CH-6714 Semione

Svizzera



MAP



A SOFT PLANNING
TO GIVE YOU TIME!

OUR TOOLS

YOGA & MASSAGE

HAVE 1 GOAL:

RELAAAX

PLANNING

FRIDAY

18:00 welcome & apéro
20:00 dinner

SATURDAY

08:00 yoga
09:30 breakfast

free time / lunch to go

15:00 massage 1
16:00 massage 2

18:00 yoga
20:00 dinner

SUNDAY

08:00 yoga
09:30 breakfast

11:00 massage 3

free time / lunch to go

15:00 goodbye

PEOPLE

* ANDREA HELLER

german/married/archi/happy/travellover

2018: Yoga teacher diploma. YTT 200h

* KAROLINA PIKUS

german/married/multitasking/happy/sunshine

2019: Teacher Training Mark Stephens

2018: 50h Yin Yoga (Modul I)

2016-2017: Massage Praktikerin, 120h, Freie Heilpraktikerschule Freiburg (Dt)

2015: Ausbildung Fussmassage

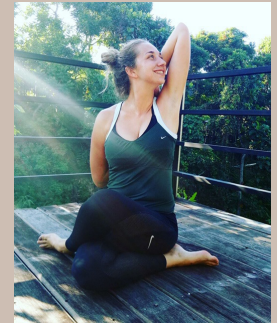
2013: Yoga teacher YTT 200h

PEOPLE

* JESSICA RODER

swiss&belgian/inlove/archi/travellover/food&spalover

2019: *next stop project* founder



FOOD & DRINKS

During this week-end you'll enjoy delicious regional products as much as possible.

Our breakfast and dinner will be served as buffet.

For the lunch, as you might want go hiking, you will have the possibility to take a «lunch to go».

During the day, some snacks & fruits will always be available.



FOOD & DRINKS

LOCAL PRODUCTS COMES FROM:

-Bio shop «Scarp»,

They have local products form milk and meat and also, vegetables, fruits, wine, etc.

-Agriturismo «Il Mugnaio»

They sell local products from milk, also polenta, pasta , ice cream, sirup, polenta etc all produce from them.

-Azienda agricola Marco e Franco Togni they sell cheese.

-Also just next to the house is possible to buy fresh eggs all the days, is self service.

FREE TIME



FREE TIME

Take your time

There is no to do list

Enjoy...



SOME INSPIRATION

Enjoy the garden

Read a magazine,

Try the sauna

Discover the region

...

REGION

VALLE DI BLENIO

The Blenio Valley, also dubbed the “Valle del Sole” or “Valley of the Sun”, is a paradise for nature lovers and is just waiting to be discovered. In summer the area offers wonderful outings on foot or by mountain bike, immersing visitors in breathtaking landscapes. During the winter months, meanwhile, they can ski or sledge down pistes that seem to be designed perfectly for the whole family, or venture out along snowy trails laid out on flatter terrain for cross-country skiing or for exploring forests and streams.

The area is also steeped in history, which is brought to life in the re-enacted parades of the Napoleonic militias, in the rooms of small and sombre museums, in the ruins of Serravalle Castle or in the workshops of the Cima Norma factory, where the ancient art of chocolate-making has made way for the aromas and flavours of the region.

The valley is also home to hundreds of small rustic dwellings, which offer guests an authentic, quintessentially alpine base for their holidays.

<https://www.bellinzonese-altoticino.ch/en/discover/territory/valle-di-blenio.html>

REGION

In malvagia, the small town in front of Semione there is a cablecar that brings you at 1500 meters, from there is possible to make very nice hikes.

<http://filoviamalvaglia.ch>

Is also very nice to go by car to the top of Valle Malvagia, a valley that is perpendicular to the Blenio Valley and start on the town of Malvagia, just in front of Semione. Then you can leave the car in a parking place and from there walk until the hut Quarnei at 2000 mts.

<http://quarnei.ch>

REGION

If you want to stay down in the Valley, just on our street pass the Sentiero basso della Valle di Blenio, that communicates Biasca with Olivone. So you just go out and start to follow the yellow signs.

In Semione is also nice to walk from the house by the fields until the natural reserve Legiuna, in 20 minutes by walk you are there, is also very nice the wild river in the reserve.

At the north of the Semione's hamlet raise the ruins of the Serravalle Castel, of which there has been information since the far 1224. Its origin is dated back to the Legnano battle's era (1176).





CASA DEL CAMPO

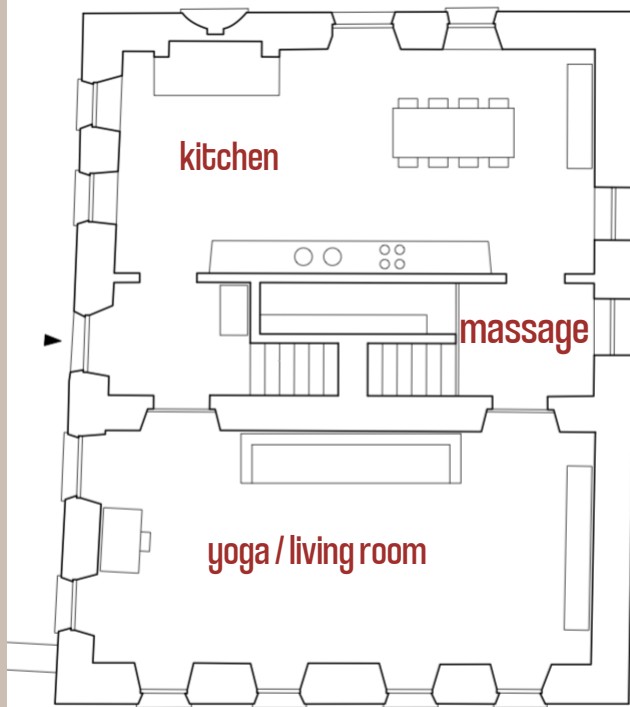
The house dates from 1669, was restored in 1977 and renovated in 2017. It is part of a small rural hamlet surrounded by fields, orchards and vineyards and is situated 300 meters from the river Brenno.

The house is separated into two apartments with independent entrances. One apartment is around 200 square meters and the smaller one 45 square meters. The two apartments can be accessed from the inside and rented together in order to have use of the whole house.

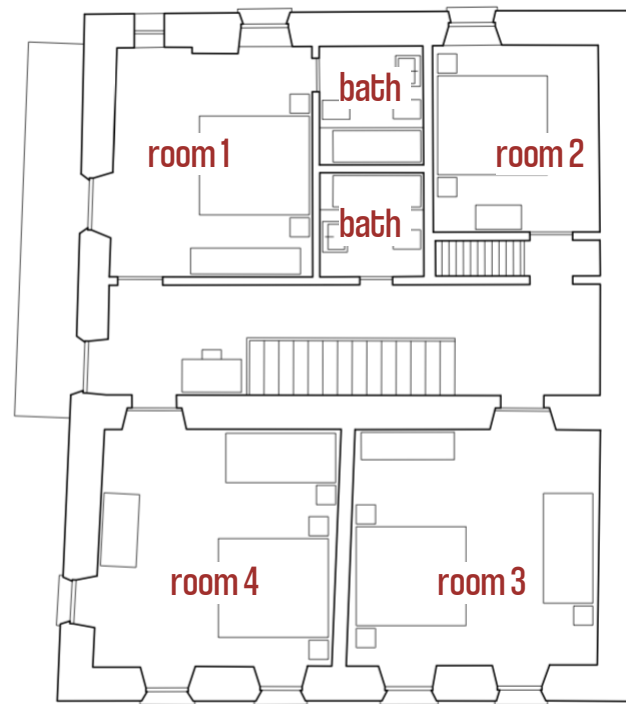
<http://www.casadelcampo.ch/en.html>



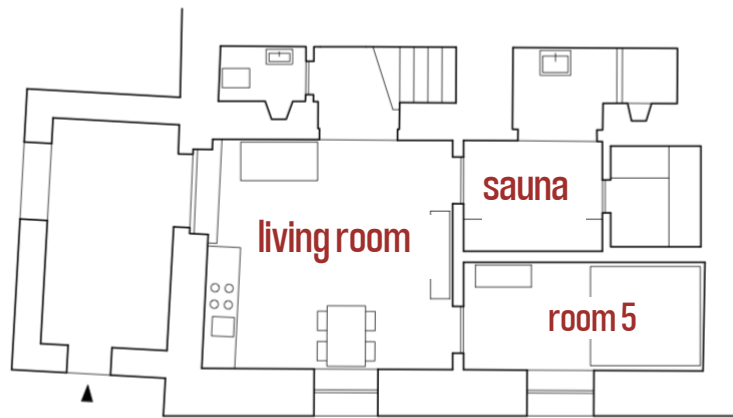




PT



1. piano



COLLABORATION

OSHIA CONCEPT STORE

1x 50 CHF Voucher to one of the participant

=> «quality, originality and handmade!»

<https://www.oshia.ch>

COLLABORATION

L'ALPAGE

1x Handcream per participant
Try their products during the week-end

=> the «swiss beauty paths»

=> the «mix of nature and high-technology can sublimate your beauty»

<https://www.l-alpage.ch>

DO NOT FORGET

YOGA MAT

YOGA / GYM / COMFORTABLE CLOTHES

BACKPACK FOR YOUR WALKS

HIKING SHOES DEPENDING ON WHAT YOU WANT TO DO

BIKINI FOR SAUNA

TUPPERWARE FOR LUNCH

PULLOVER FOR THE EVENING

GOOD BOOK

... + normally what you need for one weekend

=> the house will provide all towels & bed sheets

THANK YOU
FOR YOUR
TRUST, ENERGY,
TIME, ATTITUDE,
LOVE, SUPPORT &
MOTIVATION



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